

WCPPA

WESTERN CANADA
PSYCHOANALYTIC PSYCHOTHERAPY
ASSOCIATION

Presents:

DR. AVIEL GOODMAN

SEXUAL ADDICTION

*An integrated approach
to treatment involving
psycho-dynamic
psychotherapy &
cognitive-behavioural
therapy to address
both addictive behaviour
and the underlying
addictive process.*

A "Must Attend" for Clinicians of all Therapeutic Orientations.

FRIDAY, OCTOBER 20 & SATURDAY, OCTOBER 21, 2006

Renaissance Vancouver Harbourside Marriot, Vancouver, British Columbia, Canada

THE EVENT:

The WCPPA's 8th Conference is an opportunity for clinicians of all therapeutic orientations and professional designations a) to enhance and deepen their existing knowledge in the areas of sexual diversity, compulsivity and addiction,* b) and meet and dialogue with colleagues who practice psychoanalytically informed therapies and other complementary modalities.

The WCPPA is offering a dynamic and challenging conference focusing on a difficult and provocative topic. Our intent is to help diminish isolation that many clinicians experience in this field so that we may feel better supported in our work and be more effective in delivering helpful services to our patients and clients.

** This event is an accredited Group Learning Activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.*

KEYNOTE SPEAKER:



Aviel Goodman MD, is a Psychoanalyst and Psychiatrist in private practice in St. Paul, Minnesota. He is also the Director of the Minnesota Institute of Psychiatry, the Editor and Columnist for PSA Today, the newsletter of the Minnesota Psychoanalytic Institute and Society and the Chair of the Faculty Committee of the Minnesota Psychoanalytic Institute.

CASE PRESENTER:

Sylvain Boies Ph.D., R. Psych. is in private practice in Victoria, BC. He has worked in several community mental health services and was on staff at the Counseling Services of the University of Victoria from 1999-2006. He has conducted and published research on Internet sexuality and relationships. As a clinician he uses a number of therapeutic approaches including Psychodynamic, Interpersonal, Somatic Experiencing, Cognitive-Behavioural, Systemic and Group Therapy.

Co-Conference Chairs:

Nikita Crook M.Ed., MCAPCT, R.C.C. and **Dr. Joan Pinkus Ph.D., R. Psych.** are both psychodynamic psychotherapists in private practice in the Lower Mainland and sit on the Board of the WCPPA.

Registration

Name:	
Title:	
Professional Affiliation:	
Address:	
City:	
Postal Code/Zip:	
Province/State:	
Office Tel:	
Fax:	
Email:	

Registration Fee

Postmarked:	Before Sept.20th:	After Sept.20th:
WCPPA Member	\$200	\$225
Non-WCPPA Member	\$240	\$265
Unemployed/Student	\$165	\$190

Limited Enrollment - Book now!

Registration Fee includes Friday Afternoon Reception, Continental Breakfast Buffet, Gourmet Buffet Lunch.

Please make cheques payable to WCPPA and mail to:

WCPPA-October 2006 Conference
c/o Mary Lynn Baum, Conf. Coordinator
314 - 2025 West 42nd Street
Vancouver, BC, Canada, V6M 2B5

- Confirmations of registration will be sent by email or telephone. Receipts will be distributed on site Saturday afternoon.
- Full refund less \$50 administration fee will be given upon written notification postmarked before Oct. 7th. No refunds will be issued after this date.

I give permission for my address, email and telephone number to be maintained on file for future WCPPA events.

For other questions regarding the Conference please call: (604) 216-7313.

THE CONTENT:

Sexual norms and behaviour in North America and Europe have changed dramatically since many of us were in training as clinicians, especially with the advent of the Internet, making a wide range of sexual choices explicit and easily accessible by just about everyone. Many of us have relied on consultation with colleagues, reading the sparse clinical literature, and attending continuing education events to gain up-to-date information.

Attempts at reconciling past theories to current clinical presentations have not always been successful nor useful. In the last decade or so, there has been a growing body of relevant research and more dialogue on the topic of addictive disorders and compulsive behaviours.

Both psychodynamic theorists and cognitive-behaviourists have made contributions to this early field of study. The WCPPA became aware of a need for more dialogue in this arena and saw an opportunity to join with clinicians of other orientations to share ideas about how to be better equipped to do our work. Dr. Aviel Goodman brings an extensive range of knowledge, experience and insights to this field.

Dr. Aviel Goodman will present to us this weekend an integrated theoretical framework for understanding addictive disorders in general, including complementary neurobiological and psychological formulations of the addictive process and will focus on what determines the selection of sexual behaviour for addictive use.

He will distinguish addictions from compulsions and present a user-friendly integrated system for treating persons in the prisons of such torment.

THE FORMAT:

The format of the conference is designed to inspire interactive and inclusive discussions amongst attendees. There will be on-going opportunities for participants to share thoughts, ideas and questions throughout the program.

The afternoon session will include a "Samoan circle" style discussion which received high appreciation at our previous conference.

LOCATION:

**The Renaissance Vancouver
Harbourside Marriot,**
1133 West Hastings Street
Downtown Vancouver
British Columbia, Canada
V6E 3T3
Phone: 604-689-9211

BEST PARKING:

Onsite below the hotel.
In before 9:00 am and
out by 6:00 pm = \$10 Flat rate.
After 6 pm = \$4 Flat Rate.

FOR MORE INFORMATION:

Tel: (604) 216-7313
www.wcppa.ca

THE SCHEDULE

FRIDAY, OCTOBER 20, 2006

- 5:30-7:00 *Wine and Appetizer Buffet Reception & Registration*
- 7:00-7:15 • **Opening Remarks:**
Dr. Joan Pinkus, Co-Conference Chair
• **Welcoming Remarks:**
Hilda Fernandez 2006 WCPPA President
• **Introduction of Topic and Speaker:**
Nikita Crook, Co-Conference Chair
- 7:15-8:45 • **Dr. Aviel Goodman on:**
Hooked on Ecstasy:
An Integrated Theoretical Framework
1. Terminology (sexual compulsivity, impulsivity or addiction?)
2. Formulation: Definitions; Diagnostic Criteria and Differential Diagnosis-Specific to Sexual Addiction
- 8:45-9:00 • **Brief Discussion**
Questions collected for incorporation into Saturday's agenda.

SATURDAY, OCTOBER 21, 2006

- 7:30-8:00 *Continental Breakfast Buffet*
- 8:30-10:00 • **Welcome Back:** Dr. Joan Pinkus
• **Dr. Aviel Goodman:**
Treatment - Psychodynamic Psychotherapy, Behavioural & Cognitive-Behavioural Therapy, Psychiatric Pharmacotherapy and Supportive Group Therapy
- 10:00-10:30 *Coffee Break*
- 10:30-12:00 • **Brief Discussion & Dr. Aviel Goodman:**
Treatment Applied to Case Examples
Questions collected for incorporation into afternoon agenda.
- 12:00-1:00 *Lunch in VISTA Rooftop Revolving Restaurant*
- 1:00-2:30 • **Introduction of Case Presenter:**
Dr. Sylvain Boies
Nikita Crook
• **Case Presentation by Dr. Sylvain Boies**
• **Discussion between Dr. Aviel Goodman & Dr. Sylvain Boies**
- 2:30-2:45 *Coffee Break ***
- 2:45-4:15 • **Samoan Circle Discussion including Speaker, Case Presenter and all participants**
- 4:15-4:30 **Closing Remarks**
Please fill out the evaluation forms - we appreciate your feedback.
- 4:30-5:30 *A la Carte Drinks and Socializing at the Patina Restaurant in the lower lobby.*

** Book table provided by Odin Books and Caversham's Books will be open Friday evening and Saturday until the end of the afternoon coffee break.

WCPPA

WESTERN CANADA
PSYCHOANALYTIC PSYCHOTHERAPY
ASSOCIATION

*Established in Vancouver in 1996,
a group of psychoanalytically
oriented clinicians formed the WCPPA
with the main objective of making*

*psychoanalytic psychotherapy
knowledge more available to interested
professionals and the community
at large in Western Canada. Mental
health, health, and human services
professionals from all academic
disciplines are welcome.*

*The WCPPA has as its main goal,
the active support of the
examination and discussion of a full
variety of approaches to the theory and*

*practice of psychoanalytic
psychotherapy and the provision
of opportunities for study through
meetings on clinical topics, courses,
forums, workshops and study groups.*

*The WCPPA promotes the growth
of the profession of psychoanalytic
psychotherapy and maintains links
with professionals and groups of
complementary professionals in other
geographical areas.*